North Shore Bay to Bay Road & Trail Run/Walk



Please join us for the 10th Annual North Shore Bay to Bay Road & Trail Run to be held Saturday, July 11th, 2015.

We're the premier 10K trail run on the North Shore. Over half the course is on the scenic and challenging Superior Hiking Trail between Silver Bay and Beaver Bay. Run or Walk the Ridge with us!

A trophy will be awarded to the overall winner and awards for age group winners and the fastest person under age 15.

The race starts at 8:45 am at the Mary Mac Building in Silver Bay. Racers should arrive at the starting line at least 15 minutes before the race.

Before the race, you can park in Silver Bay or Beaver Bay. For people who park in Beaver Bay, a vehicle will take you to the starting line in Silver Bay *before* the race. For people who park in Silver Bay, a vehicle will take you from the finish line in Beaver Bay back to Silver Bay *after* the race.

To register, use the entry form below along with your payment. Information & entry forms are available at www.bay-days.org. Contact the Silver Bay Rec Department at 218-226-4214 with any questions.

Pre-Race Day registration fee is \$20 with a T-shirt to all entrants. On race day, add \$5.00 to all registrations. Early registration is encouraged.



The North Shore Bay to Bay Run is part of Silver-Beaver Bay Days and is sponsored by North Shore Federal Credit Union and managed by Silver Bay Blue Line Club.

Name				The North Shore Bay to Bay Road & Trail Run/Walk	NORT Since
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Silver Bay Blue Line Club PO Box 147 - Silver Bay MN 55614 North Shore Bay to Bay Road & Trail Run/Walk