



**NORTH SHORE AREA**  
**PARTNERS**

---

# Who We Are

We provide compassionate and confidential support for older adults age 60+ in Eastern Lake County who wish to remain in their homes for as long as possible.

Each year, North Shore Area Partners coordinates over 60 volunteers to assist over 200 individual participants with a wide variety of services.

As an Enrolled Provider for Alternative Care and Elderly Waiver, we provide the only access to chore, homemaking, and home health care for many clients in our service area.



# North Shore Area Partners *Board of Directors*



Alis Stevens  
*Chair*



Randall Walz  
*Vice Chair*



Cindy Hanson  
*Secretary*



Mary Planten-Krell  
*Treasurer*



Kim Graden



Theresa Rose



Tom S.



Bev Yoki



# North Shore Area Partners *Program Staff*



**Lise Abazs**  
*Executive Director*



**Diane Knust, LISW**  
*Homecare Manager*



**Amy Renne**  
*Caregiver Consultant*



**Keri Johansen**  
*Service Coordinator*



**Stacey Hohman**  
*Program & Volunteer  
Coordinator*



**Nancy Christenson**  
*Outreach Coordinator*



**Wendy Johnson**  
*Office Coordinator*



**Sarah Thomson**  
*Communications  
Coordinator*

# North Shore Area Partners *Home Care Staff*



**Dedie Moore**  
*Nurse Supervisor*



**Annette Lewis, CMA**  
*Home Health Aide*



**Collette Klemmer**  
*Home Health Aide*



**Samantha Ahlbeck**  
*Home Health Aide*



**Chris Hill**  
*Home Health Aide*



**Nicolle Parks**  
*Home Health Aide*



# Navigating Aging Well, Together.



## Home Care

- Assessment & Intake
- Grocery Delivery
- Housekeeping
- Medication Set Up & Reminders
- Nail Care
- Personal Cares  
(Bathing/Dressing Assistance)
- Chore Service  
(Yard Work, Snow Removal)



## Transportation

- Local Errands
- Medical Appointments



## Public Programming

- Workshops
- Senior Dining
- Coffee Connection
- Weekly Activities
- RSVP Bone Builders
- Monthly Nail & Blood Pressure Clinics



## Care Navigation

- Service Planning
- Financial & Health Care Directives Resources
- Home Safety Assessment
- Paperwork Assistance
- Information & Referrals
- Resource Assistance & Advocacy
- Veteran's Benefits



## Resources

- Technology Support
- Free Tax Preparation
- Legal Kiosk
- Medical Equipment Loan Closet



## Caregiver Support

- Monthly Caregiver & Grief Support Groups
- Individual Meetings and Support
- Caregiver Education
- Respite Services and Friendly Visits



North Shore Area Partners' dedicated volunteers and staff provide compassionate and confidential assistance that enables adults age 60+ remain in their own homes and connected to our community as long as possible. We are committed to serving all residents regardless of their financial circumstances.

# NSAP History



North Shore Area Partners (NSAP) was founded in 2003 by a handful of community members passionate about providing care for local elders that supports their choice, dignity and independence as they age.

NSAP organized around the principles of the Living at Home Network (LAHN), which is made up of community-based programs that provide health and long-term care for seniors. NSAP is a 501(c)(3) tax exempt nonprofit organization overseen by a board of directors who represent the communities served, including Beaver Bay, Silver Bay, Little Marais, Finland, and Isabella.



# NSAP History Continued



NSAP provides volunteer-based services that include assisted transportation, meal and grocery delivery, chores, and friendly visiting. Staff members also provide care consultation and individual support, and organize a variety of social, educational and informational programs.

In 2019, NSAP expanded its services to include in-home assistance provided by trained home health aides. A Minnesota Department of Human Services license (245D) enables NSAP to provide housekeeping, home management, and personal care for older adults living at home. NSAP uses a sliding-scale fee with a goal of ensuring all elders receive the care they need regardless of their income level.



# NSAP Then...

Since our founding, we had been working out of the Mary MacDonald school building, which serves as the Lake County Service Center. It provided a great space for our small team, but as our organization grew, so did the need for a larger space.



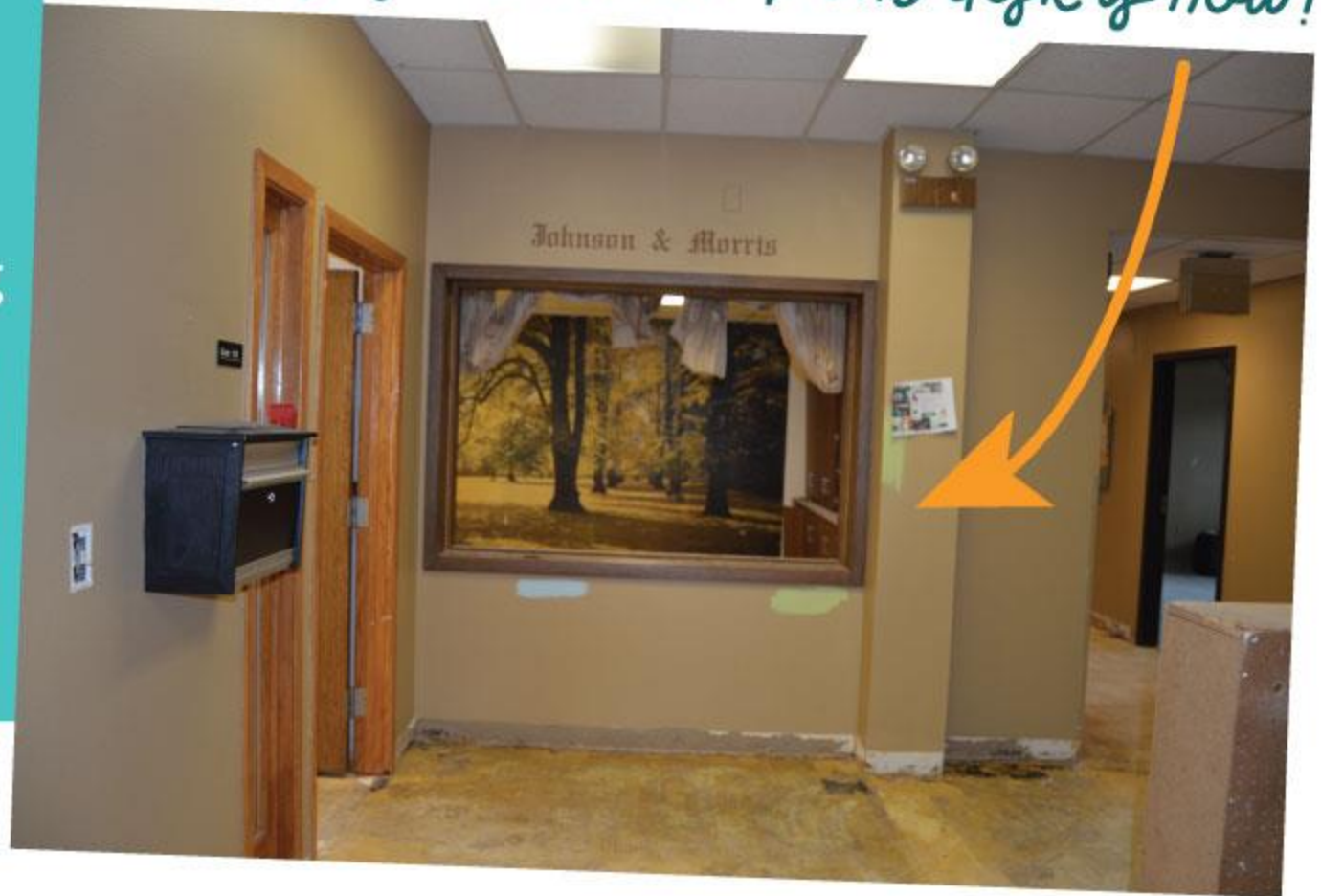
*Our room at the Mary  
Mac building!*



# NSAP Then...

Our dreams came true in March of 2020 as we gratefully received the donation of the former Wells Fargo bank building. We immediately began thinking of the amazing aging services and senior support that we could provide in this spacious location at the center of town. Next, we got to work remodeling!

*This is where our front desk is now!*





# NSAP Then...

*Our building before the remodel*



# NSAP Then...

*Our Community Room before the remodel*



*You're standing in this room now!*



# NSAP Then...

*Our Conference Room before the remodel*



# NSAP Now...

*Look around you at this gorgeous community space!*

After working through the aftermath of a nearby office fire in November of 2020, our new building is finally ready for action with staff offices, community gathering spaces, and meeting rooms. A medical equipment loan closet and a legal aid kiosk have been set up as part of the effort to make our location a one-stop-shop for aging services and support in the North Shore area. We're looking forward to next year and the endless possibilities it will bring with it!



# Coffee Connection

**\*Tuesdays & Thursdays**

*\*unless otherwise noted*

**9:30 AM - 12 PM**

**Stop in and enjoy coffee,  
goodies and conversation!**







# Technology Tuesdays

*\*Tuesdays - 11 Am - 2 Pm*

*\*unless otherwise noted*

**Drop-ins** 11 am - 12 pm

**Appointments** 12 pm - 2 pm



Stop in or schedule an appointment for one-on-one assistance navigating your devices. If you are an older adult 60+, get help using email, sending photos from your phone, making video calls, accessing resources and more!

Be sure to bring your devices, cords, passwords and questions for our **30 minute**, one-on-one sessions.





# Open Pool

*Mondays, 9 Am – 1 Pm*

Nancy & Greg Christenson generously purchased and donated a pool table for our Community Room. Come on in Mondays to play until your heart's content!





Do you have a

# RIDE REQUEST?

Call us at **218-226-3635** and ask for **Stacey** to make a transportation reservation. Please give us 48 hours notice if possible. Assisted transportation is one of our most frequently used services, so we are always in search of more volunteer drivers. Let Stacey know if you're interested!



*We are always in search of volunteers.*  
Check out the volunteer station  
in the other room to learn more!



# Nail Care & Blood Pressure Clinics

---



**\*3rd Thursday each month | 9 am - 3 pm**

*\*unless otherwise noted*

**36 Shopping Center, Silver Bay**

Drop in anytime between 9 and 3 to get your blood pressure checked for free.

**Nail care is by appointment only** – please schedule a time by calling **Keri** at **218-353-1449**.

*Please note that we are unable to offer nail care to individuals with certain health conditions such as diabetes.*



**Toenail care = \$15**  
**Fingernail care = \$15**  
**Toe AND fingernail care = \$20**





# Caregiver Support Group

\*2nd Tuesday of each month  
\*unless otherwise noted

1 PM - 2:30 PM

If you are caring for a spouse, aging parent, or a neighbor, you may need support. We are here to help!

*"A place for caregivers to be heard and to be understood"*



# Grief Support Group

*Grieving is hard, yet not addressing your  
grief can make things even harder.  
Talking about it with others can help.*

**3rd Wednesday each month**  
**1 - 2 pm**

---

North Shore Area Partners  
36 Shopping Center | Silver Bay





**Did you know that community members can now access the legal system via the new kiosk at North Shore Area Partners?**



*Call us today to use the kiosk!*

## **At a Legal Kiosk you can:**

- **Find information about your legal problem**
- **Apply for a free lawyer**
- **Learn about your rights**



- **Video meeting with your lawyer or court**
- **Print and scan documents**



# ***Medical Equipment Loan Closet***

---



## ***Who can use it?***

Individuals in need of durable medical equipment for either short term or long-term use.



## ***What type of equipment is available?***

- Canes
- Commodes
- Incontinence supplies
- Shower chairs and transfer bath benches
- Toilet risers
- Walkers
- Wheeled walkers (with seat)
- Wheelchairs (manual)
- Much more!





# Local Artist Gallery at NSAP!

Take a tour around the rooms and halls in the building to see stunningly beautiful works created by local artists!

## Artist Gallery includes:

*Deborah Birkeland*

*Stacey Hohman*

*Wendy Johnson*

*Julia Kloehn*

*Sandy Maxwell*

*Marti Mullen*

*Gary Olson*

*NSAP does not deal in the sale of art in this building. Please ask an NSAP staff member to provide you with artist contact information if you are interested in any of the works.*

